

## LET'S HAVE A CHANGE OF HEART

I am committed to my heart, so I've chosen to take care of it. And because I care about *your* heart, I want to help you protect its well-being. The more you understand your heart health and your risk for heart disease, the more power you have to reduce your risk and keep your heart strong.

Love your heart. Take good care of it. And join me as a heart health advocate for **A Change of Heart**.



a change of **heart**<sup>®</sup>